



MARY MORRISSEY  
**LIFE MASTERY INSTITUTE**  
*The Premier Training Center for Transformational Coaching*

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THE *Vision* WORKSHOP™  
*Living Your Life Full Spectrum*

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**Mary Watson** has been practicing and teaching for over 30 years. In conjunction with Sadhana Yoga, she will be offering you a chance to participate in a Vision Workshop, where you will learn:

- Two essential keys for tuning into your purpose.
- A 5-point test for determining whether your dream is right for you.
- Simple thinking-strategies that will guard you from fear, doubt and worry.
- The number one factor that causes people to lose steam when going after a dream, and how to stay motivated and override it.
- The 1 critical thing you must give up to reach your dream.

And much more!

When: 7<sup>th</sup> October 2-4pm

Where:

Investment:

For More Information...